Cross Country went well last week and congratulations to all the age winners. It was a warm enough day, however all survived to run another day. Thank you to Miss Daniher, staff and parents who made the day happen.

Looks like wet weather this week and as a result the Duke of Edinburgh expedition to the 6 foot track in the Blue Mountains has been postponed. A later date will be advised shortly. The students and Mr Stevens have been doing a lot of preparation for this trip and whilst this is disappointing it is all par for the course.

We have joined with the preschool in a new venture to upgrade our interactive whiteboards to interactive LCD panels. These new displays are the next generation technology with wireless connectivity and superior image quality. These should be here with the month and we intend to have them positioned firstly into the Kinder and 5/6 room and to then roll them out across all primary classes as funds become available.

The renovation to the front of the school is on schedule and I would like to thank Mr Johnstone for all the work he is putting in. His attention to detail and organization is to be commended.

Justin Dunn - Principal

**SCHOOL DIARY**

Please note that new items are in bold

**THIS WEEK (Week 9A)**

- **Wednesday 26/3/14-Friday 28/3/14**
  - Duke of Edinburgh camp - postponed
  - **Wednesday, 26/3/14**
    - PSSA Tennis Knockouts Trials @ Temora
  - **Friday, 28/3/14**
    - Administration Survey return date

**NEXT WEEK (Week 10B)**

- **Tuesday, 1/4/14**
  - Return date – Fete ‘Mexican’ orders
- **Wednesday, 2/4/14**
  - School Athletics Carnival
- **Thursday, 3/4/14**
  - Back up Athletics Day
- **Friday, 4/4/14**
  - Whole School Assembly – 11.06am
  - ‘Bullying: No Way’ Day – all school
  - Secondary Excursion – Expressions of Interest closing date
Canteen Roster

Friday, 28/3/14 – F Doyle, S Dart
Monday, 31/3/14 – R Johnstone, C Heward

P&C News

Tuesday 8/4/14

Don’t forget our school fete is coming up very quickly ……watch this spot for more information next week……

Cake Stall

This year, as in previous years, we are having a cake stall at the fete on Tuesday 8/4/14. I'm after any help with cooking, donations or to help with pricing and setting up on the day as well as helping to run this stall. It would be great if most families could send some baking in. If you can't cook do you have any spare eggs, homemade jams, chutneys, sauces or dressings etc? Don't forget to ask mothers, mother in-laws, grand-mums or even any of the clever dads out there who might be able to bake, anything would be greatly appreciated.

So, keep your meat trays from the supermarket for putting baked items on and either send them in with your kids or bring it in the morning. If items could just have a simple label what it is and the ingredients that would be very handy.

Please contact me if you are able to help out in anyway, or if you have any questions please call me.

Regards

Renae Denyer
6974 1161 or 0427 741 161

We would like to introduce our school community to the new P&C Executive. We start with our new P&C President – Mick Denyer…..

60 Seconds with………………..

Name: Mick Denyer
Role in the School: P&C President
Previous appointments: P&C member, parent of current APCS children

Favourite Food: All foods not fussy, but better say lamb as I grow lots of it
Favourite Band/Musician: Guns & Roses, ACDC, most music from the 80s and 90s
Favourite Football Team: This year’s premiership team the mighty Essendon Bombers and probable wooden-spoons the Parramatta Eels

3 people you would like to have dinner with: Kevin Sheedy, Steve Waugh and Roger Federer
Favourite Movie: Any comedies like ‘Naked Gun’

What would you have done if you hadn’t taken up farming (P&C president)? kept on being a mechanic or something in the farming sector

Sum yourself up in three words: Loyal, sporty and easy going
Whole School Assembly
Don’t forget our next whole school assembly is on next Friday, 4/4/14. As always, we would love to welcome you all at assembly.

Attendance
Our third attendance flyer emphasising the importance of regular school attendance is printed in this newsletter. Please take the time to read this flyer.

Administration Survey
Please return this survey by this Friday, 28th March 2014. Thank you.
APCS Executive

Stewart House
Stewart House are running their annual Donation Drive again this year. Your donation supports the 1800 children who attend Steward House each year from public schools across NSW and the ACT.
Please place a $2 donation (or more should you wish to) in the Stewart House envelope which was distributed with today’s newsletters. Complete the entry details of the back of the envelope and return it to the front office via the note system. All entries go into a draw for a $4000 holiday to a destination of your choice!
Thank you for your donation.

Temora Bus
Due to limited seats on the Temora bus, students requiring a lift to Temora will need to ring/sms the bus driver, Col Perry, to book a seat.
Ph/sms 0429 448 415

Bus fare
A $2.00 fare is payable to driver, when getting on the bus at school.

Fete
This year, with our Year 9/10/11 Hospitality classes, we will be catering for lunch in conjunction with the P&C at Fete day. The P&C will still be selling food and drinks, however there will be the opportunity for you to enjoy our Mexican pop up restaurant ‘Fiesta’. My students will be cooking mains, desserts and serving drinks in room 12 from 12.30-2.00 pm. A booking sheet is attached, to ensure that you don’t miss out, however some walk-ins may be able to attend. I would like to get some rough numbers so we do not over cater so if you are interested can you please fill in the note at the back of the newsletter and return it to school by next Tuesday, 1st April.
Thank you.
Miss Ostle

World Book
At Ariah Park Central School we offer World Book Online to all of our families whilst at home and at school.
With World Book we have different subscriptions which help our children gain knowledge from a reputable source as well as the most current information you can find.
Also, a bookmark was sent home today with every newsletter for you to keep someone handy with the username and password.

**NSW Premiers Reading Challenge**
The NSW Premier's Reading Challenge (PRC) is available for all NSW students in Kindergarten–Year 9. The Challenge aims to encourage in students a love of reading for leisure and pleasure, and to enable students to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

- Registration has now opened on the PRC website: [www.schools.nsw.edu.au/premiersreadingchallenge](http://www.schools.nsw.edu.au/premiersreadingchallenge)
- Students log on using their DET username and password. On their first logon for 2014, students record their previous school, if applicable.
- Students are encouraged to complete their own online records at school, at home and the local library. Parents can assist students to enter books read.
- The easiest and most reliable way to enter PRC books is by their ID number.
- Check the website homepage regularly for important messages and updates.
- The Challenge closes on 1 September. We recommend that students complete their records by 25 August.
- Students must complete a set amount of reading to meet the Challenge, see table:
In the newsletter today, distributed were Personal Reading Logs which can be completed if there is no access to the internet at home, or if your child finds it too hard to complete the online reading log. Get your child to fill this in when they have read a PRC book. These books are labelled in the school library as follows:

If your child would like to participate, get them to come into the library on a **WEDNESDAY** and I will help them with their reading choices and how to complete the challenge.

If you have any questions, don’t hesitate to get in touch.

Miss Ostle

**Harmony Day and Bullying No Way Day**

Next Friday 4th April, coinciding with the Whole School Assembly, we will be holding a Harmony/Bullying No Way Day with activities/information sessions for all students and all parents and community members who would like to attend. More information will be available next week.

**SECONDARY NEWS**

**Duke of Edinburgh Camp**

We have taken the decision to postpone this camp due to the forecast of unfavourable weather for this week. A later date will be advised shortly.

Mr Dunn

**2014 Major Secondary Excursion to Sydney – Expression of Interest**

This year, the major Secondary excursion is planned for Sydney during the week of 17th - 21st November. After subsidies from the school, the excursion should cost families no more than $400 per student. This will be less if more students attend. Activities planned include the quarantine station ghost tour; the Centrepoint tower skywalk; tours of Sydney observatory, Government house and North Head World War II tunnels; and fun at an amusement park. Travel will be by bus, train and ferry.
If there is sufficient interest for the excursion to go ahead, a deposit will be required early next term. Just a reminder that there is student assistance available for families upon application.

Mrs Drumore
Secondary Excursion Co-Ordinator

Secondary Science Homework
Over the past term little formal home work has been set for the Secondary Science students. However it is an expectation of all Science students that they access the class eLearning environment on ag.org.au to complete revision, catch up on missed work or be involved in extension tasks. If a student does not have internet access at home the work can be printed off in the Learning Centre at school.

Mr Adamson

Freerice
Students in Year 5/6 are encouraged to go to the website: www.freerice.com and complete the vocabulary quiz to college and raise 10 grains of ‘rice’ per correct question, as part of their global connections study in HSIE.
All parents and students are welcome to play as well.

Mrs Jenkins

Year 3/4 Fete Stall
This year Year 3/4 will be holding a Target Throwing stall.

Can all students in Yr3/4 please either bring in one bag of lollies or a little bag of story toys that can be given out as prizes?
Thank you.
Miss Daniher

Girls CHS Softball Knockout
Last Monday 17th March, 10 eager secondary girls travelled across to Wagga to participate in the CHS Softball Knockout. The girls were keen to give it a try even though we had not practised as much as we would have liked. All girls performed better than I could have imagined with some highlights being Courtney Noack with 2 hits, Alyssa Dundas taking one for the team and getting hit, as well as Shelby Worland getting walked and stealing each base and scoring for us. After this excitement, we are hoping to have a game with the boys and show them some skills, so be on the lookout for the girls. The girls had lots of fun, with lots of giggles. Thank you girls for being great ambassadors for our school.

Miss Ostle

PSSA Tennis
Lily Walker will be travelling to Temora this Wednesday to compete in the PSSA
Knockout tennis competition. We wish Lily the best of luck.
Miss Daniher

PSSA Cricket Knockout
Congratulations to the PSSA cricket side who won their game last week. Please keep reading to find Mrs Stewart's write up of the day.
Miss Daniher

Ardlethan/Ariah Park/Barellan/Beckom

PSSA Cricketers triumph in knockout clash
On the 20th March our combined Ardlethan/Ariah Park/Barellan/Beckom PSSA Cricket Team travelled to Hanwood to play against Hanwood Public School in round two of the PSSA Knockout competition. This was the first time our team had played together in this competition as we had a bye in the first round. The team was selected from trials conducted last week at Ardlethan with the assistance of the NSW Cricket Development Officer.

Our captain (Sam Clemson-ACS) won the toss and elected to bat. The opening pair, Sam Clemson and Charlie Hawthorne, made a positive start to our batting innings with Sam retiring after scoring an impressive 42 runs. Charlie Hawthorne-ACS, Nicholas Fairman-APCS, Brodie Semmler-ACS and Oscar Day-BPS also contributed to our total of 109 runs from 25 overs.

Our bowling attack was effective in dismissing the Hanwood team for 78 runs, with all of our players being given the opportunity to bowl. Man of the match was awarded to Riley Walker-APCS who took four wickets for one run from his three overs. Brodie Semmler-ACS and Jack Hawthorne-ACS took two wickets each and Nicholas Fairman-APCS one. Congratulations to all of our boys who displayed great enthusiasm, skill and sportsmanship. A big thank you to Geoff Walker who assisted with the umpiring and Lou Clemson and Kate Hawthorne for scoring.

Thank you also Gayle Day, Kate Kandeepan, Katrina Morris, Colleen Stout, Leonie Fairman and Wendy Walker for assisting with the transport and supporting the team. We look forward to our round three match against Leeton Public School on the 27th March in Barellan.

Mrs Stewart

Charlie Hawthorne-ACS, Nicholas Fairman-APCS, Sam Clemson (captain)-ACS, Jim Griffin-BPS, Kokulan Kandeepan-BCS, Jack Hawthorne-ACS, Harry Morris-ACS, Blair McLean-APCS, Oscar Day-BPS, Fraser Harper-APCS, Riley Walker-APCS, Brodie Semmler-ACS

Eastern Riverina AFL Trials
Congratulations to the boys who competed at the Eastern Riverina AFL trials last Friday in Coolamon. The Marrar teacher in charge was very impressed with your sportsmanship and manners throughout the whole day. Even though no APCS students were
selected, they all played their hardest and did their best for the Coolamon/Ardlethan side. A write up and photo will be in next week’s newsletter.

Miss Daniher

**School Athletics Carnival**

Our annual school athletics carnival will be held next Wednesday 2nd April. Students will be asked in values this week what events they would like to participate in on the day so I am able to do up preliminary entry sheets for teachers on each event. Please note that if your child/ren have nominated for an event and do not wish to participate on the day they don't have to and, vice versa, are able to enter on the day. Students are to wear their house colours on the day. If there are any parents who are able and willing to donate an hour or two on the day to assist with time keeping or measuring of certain events, please let the school know as we do not have enough staff to cover all jobs. Thank you in advance to those parents and community members who are able to help. More details to follow in next week’s newsletter.

Miss Daniher

**School Cross Country**

A *collage has been printed in this newsletter*

Congratulations to all students who participated in the school cross country last Wednesday. A big thank you to Mr Stevens for marking out the course and to Nodsa for all his assistance in organising the equipment for the day. Age champions are as follows:

**Primary**
- **8 Yrs:** Sarah Speirs and Benjamin Barnes
- **9 Yrs:** Bella Fairman and William O'Hare
- **10 Yrs:** Louise O'Hare and Zachary Dart
- **11 Yrs:** Laura Harper and Sullivan Walker
- **12 Yrs:** Hayley Buerckner and Jack McCormack

**Secondary**
- **13 Yrs:** Nancy French and Joseph Ryall
- **14 Yrs:** Sharnie McLean and Tyson Ross
- **15 Yrs:** Emma Doyle and Adam Prentice
- **16 Yrs:** Mitchell Maguire
- **17 Yrs:** Paige Breust and Dylon Jennings
- **18 Yrs:** Matthew Davey

The winning house will be announced later in the week once points are finalised. Primary students who have qualified for the district carnival to be held in Ganmain on Friday of Term 2 Week 1 (2nd May), were issued notes last week, can these notes please be returned ASAP so I am able to organise our APCS team. Thank you.

Secondary students who have qualified for the zone carnival in Coolamon on the Thursday (8th May) in Term 2 week 2 will be issued notes later in the week.

Miss Daniher

**AASC**

We will be holding AASC on Mondays and Tuesdays. All children K-6 are allowed to attend from 3.25-4.30 pm and are provided with a healthy afternoon snack.

Thanks.

Mr Radnidge
APCS CROSS COUNTRY
RAFFLE

WOOD OR GROCERIES

Trailer Load of Wood or Wheelbarrow of Groceries
1st Ticket Drawn Gets 1st Choice

$2 A TICKET OR 3 FOR $5

For Ariah Park School P & C Assoc
Drawn at School Fete on Tuesday 8/4/2014

ALL WELCOME
Celebrate Attendance
Hints and Tips No. 3: Writing notes

Parents or caregivers are required by law to provide an explanation to the principal to say why their child was absent from school.

A note of explanation should contain:
1. Date that the note was written;
2. Child’s name;
3. Days/dates the child was absent from school;
4. The reason the child was absent;
5. The signature of the child's parent or caregiver.

If more than one child from the same family has been absent a separate note for each child should be written.

A note should be brought to school on the first day the student returns to school after an absence. Your school is required to investigate all unexplained absences (where a child has been absent and no explanation has been received) within two days.

Did your child give the note to their teacher? This can sometimes be a problem with younger children.
Spare Clothes
The Preschool needs some spare clothing donations please.....
If you have any spare clothing in sizes 3, 4, 5 and 6
we would really appreciate it!
Thank you.
Leanne Watterson
Powerful 90 minutes explaining how the mind works to enable you to perhaps live free of depression, anxiety, fears, lack of confidence, Limiting Decisions and more, learn how private sessions for deep suppressed emotional release work - Learn about Self-Development workshops to feel better yourself and learn techniques for everyday life that you can pass on to your children and friends to help them too - or are you in a profession where you hear people’s problems and would like to have the right words to say to empower them to feel better and take action? then our mini workshops specific for your need will suit you (handy for Hairdressers, teaching staff, charity groups, anyone leading others or dealing with people) Dimity is a Master Practitioner of Time Line Therapy, Neuro Linguistic Programing, Hypnosis and business coaching and has clients referred to her by Doctors and Psychologists, come and find out why and hear testimonials from people she has helped! Tuesday April 2nd, 7pm sharp start $10. Ardlethan Bowling Club Bookings are ESSENTIAL through the Club or www.eventbrite.com.au or Dimity 0419676805, dibagley@bigpond.com.au for more information

ANZ NetSetGO is Netball Australia’s introductory program for netball. It has been developed to provide children from the age of 5 to 10 years with the best possible learning and playing experience that enables them to develop a positive introduction to Netball, ensuring enjoyment and continued participation within the sport.

Venue: Ariah Park Sport and Recreation Ground
Commences: 16/05/14 (week 3, term 2)
Estimated finish date: 01/08/14
Time: Friday After School 3.45pm (sessions run for around an hour)
Cost: 70 per child (this includes registration fees, a Gilbert Netball, an ANZ netball t-shirt, and a Sydney Swifts pencil case)
Contact details: Amanda Writer – 0428850025 Email: ajwriter@live.com.au
Please contact me so I can email Registration forms and information to you.
Registration will close 10th April, as packs need to be ordered in advance.
Look forward to seeing you all again this year!!
Look us up on Facebook - www.facebook.com/ariahparknetsetgo
# 2 Day Mental Health First Aid Training Course – Temora

| Wednesday 26 March, 2 April, 9 April & 30 April 2014 | Temora Ex-Services Memorial Club, 130 Baker Street, Temora | 5.30pm – 8.30pm (All Days) |

## Who Should Attend?
The NSW Health Rural Adversity Mental Health Program in collaboration with the Murrumbidgee NSW Local Health District are delighted to offer this workshop to members of the rural community & people who work alongside them in Temora and surrounding areas.

## Course Outline:
The course covers helping people in mental health crisis situations and/or in the early stages of mental health problems.

Participants will learn the signs and symptoms of common mental health problems, where and how to get help and what sort of help has been shown by research to be effective.

**Presenter:** Merilyn Limbrick and Jane McNamara

## Fees:
Free of Charge

## Refreshments:
Finger food is provided at no cost for all four sessions.

## Enrolments Close:
Monday 24 March, 2014

## Course Applications:
Complete the attached registration form and return either electronically, by fax, post or over the phone to the details shown below.

RAMHP Administration Team
Centre for Rural & Remote Mental Health
Locked Bag 6005
Orange, NSW 2800
Phone: 02 6363 8420
Fax: 02 6361 2457
Email: ramhp@newcastle.edu.au

For more details contact or last minute changes:
Jane McNamara – 0427 273 895
Merilyn Limbrick – 0428 249 719

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**Supported by:**
- the NSW Health Rural Adversity Mental Health Program ‘RAMHP’

**Coordinated through:**
- Centre for Rural & Remote Mental Health
# Registration Form

* Attendance is free of cost, with food provided.

(Please Print Clearly)

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<th>Name:</th>
<th>Age: (years)</th>
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<td>Male:</td>
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<td>Female:</td>
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<tr>
<th>Do you work on a farm?</th>
<th>Yes</th>
<th>No</th>
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<td>Are you of Aboriginal or Torres Strait Islander descent?</td>
<td>Yes</td>
<td>No</td>
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<th>Occupation and Organisation:</th>
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**Special Needs:**

* Diet, Access Requirements etc

* Please fax, e-mail or post completed registration forms to:

RAMHP Administration Team
Centre for Rural & Remote Mental Health (CRRMH)
Locked Bag 6005 Orange, NSW 2800
Phone: 02 6363 8420  Fax: 02 6361 2457
E-mail: [ramhp@newcastle.edu.au](mailto:ramhp@newcastle.edu.au)

Coordinated through:

[NSW Health](http://www.health.nsw.gov.au)
Rural Adversity Mental Health Program
‘RAMHP’
Centre for Rural & Remote Mental Health
Temora West School Fete
March 29, 2014 12noon to 5.00pm

Buy a wristband and enjoy unlimited access to:
- Sideshow Alley
- Jumping Catle
- Ferris Wheel
- Merry-Go-Round
- Gladiator
- Boxing
- Carriage Rides
$20 school age
$10 non school age

Come for lunch and try our large variety of international food

Chocolate Wheel Tickets $2 each

MONSTER RAFFLE
Tickets $2.00 each
- 5 nights Gold Coast for 2
- Stihl Blower
- Wheelbarrow and garden supplies
- Mogo Zoo Package
- Kids ride on tractor
- Cut & Run 8 cut voucher
- Taronga Western Plains Zoo family pass
- Portable BBQ
- Ladies, Mens & Kids packs...plus more.

BE ENTERTAINED by Amanda Long and children’s performances

STALLS GALORE-
- Cakes, Craft
- Local Produce
- Kids Stall
- Plaster Moulds
- Face Painting
- Photo Booth
- Airbrush Tattoos
- Plants (tube stock avail.)

Enjoy a cuppa at the Afternoon Tea Stall
Secondary Excursion - Expression of interest
I am interested in my child / children .......................................................... attending the Major Secondary Excursion to Sydney on 17th-21st November.

........................................................................................................................................

Parent/Guardian Signature                            Date

✘--------------------------Please return by Friday, 4th April 2014 --------------------------

Expression of Interest – ‘Fiesta’
May you please indicate if you are interested in securing a seat on Fete Day – Tuesday 8th April 2014 and approximately how many as to not over cater?
Name: ________________________________
Number of People: __________________________
Time: ________________________________

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<thead>
<tr>
<th>Food Item/s</th>
<th>Price</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Mains</td>
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<tr>
<td>Beef Nachos</td>
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<td>Hard Shell Tacos with beef or chicken</td>
<td>$5 each</td>
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<td>Fajitas (soft tortilla) with beef or chicken</td>
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<td>Desserts</td>
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<td>Lime Cheesecake with strawberry coulis and ice-cream</td>
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<td>Baked Churros dipped in chocolate</td>
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<td>Mocktails</td>
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<td>Berry Margarita</td>
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<td>Pina Colada</td>
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✘--------------------------Please return by Tuesday, 1st April 2014 --------------------------